

JANUARY 2019

VARIETY OF MILK, CHEF SALADS & CONDIMENTS ARE OFFERED DAILY

FOREST ELEMENTARY & HAWKINS MIDDLE LUNCH MENU

Monday

Tuesday

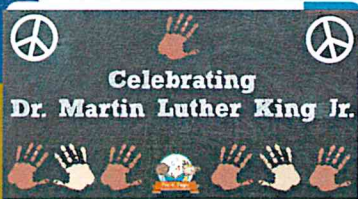
Wednesday

Thursday

Friday



Salisbury Steak W/Gravy
Hot Dog
Southern Turnip Greens
Steamed Brown Rice
Garden Salad
Fresh Oranges
Pineapple Tidbits
Cornbread



BBQ Pulled Pork Burger
Chicken Fajitas
Baked Ranch Fries
Broccoli Salad
Garden Salad
W/Dressing
Fresh Oranges
Chilled Diced Pears

Steak Fingers
Hot Dog
Mashed Potatoes
Steamed Broccoli Florets
Chilled Peach Slices
Fresh Apples
Rolls

Cheesy Breadsticks/Chili
Grilled Chicken Sandwich
Black-Eyed Peas
Potato Salad
Tossed Salad w/ Dressing
Mandarin Fruit Cup
Fresh Apples

Salisbury Steak W/Gravy
Hot Dog
Southern Turnip Greens
Mashed Potatoes
Garden Salad
Cornbread
Fresh Oranges
Pineapple Tidbits

Spaghetti & Meat Sauce
Grilled Chicken Sandwich
Black-Eyed Peas
Potato Salad
Tossed Salad
Mandarin Fruit Cup
Fresh Apples
Rolls, Cake

Chicken Fajitas
Ham & Cheese on Hoagie
Corn on the Cob
Seasoned Lima Beans
Yam Patties
Tropical Fruit
Chilled Diced Pears

Chicken Spaghetti
Ham and Turkey
on Bun
Seasoned Lima Beans
Yam Patties, Green Peas
Rolls
Fresh Apples
Chilled Peaches

Chicken Spaghetti
Ham and Cheese on Bun
Seasoned Lima Beans
Yam Patties
Steamed Broccoli Florets
Fresh Apples
Chilled Peaches
Rolls

Steak Fingers
Fish Melt
Southern Collard Greens
Macaroni and Cheese
Fresh Pears
Pineapple Tidbits
Cornbread

Beef-A-Roni
Grilled Chicken Sandwich
Southern Green Beans
Black-Eyed Peas
California Veggies
Whole Wheat Garlic Toast
Mandarin Fruit Cup
Hot Cinnamon Apples

BBQ Rib Sandwich
Spicy Chicken Sandwich
Whole Kernel Corn
Baked Beans
Garden Salad
W/Dressing
Chilled Diced Pears
Fruited Gelatin

Fish Nuggets
Chicken Patty Sandwich
Whole Kernel Corn
Baked Beans
Garden Salad
Rolls
Chilled Diced Pears
Fruited Gelatin

Chicken with
Alfredo Sauce
Corn Dog
Green Peas
Glazed Carrots
Chilled Peach Slices
Fresh Bananas
Rolls

Cheeseburger
Chicken Patty Sandwich
Seasoned Potato Wedges
Baked Beans
Garden Salad
Chocolate Pudding
Pineapple Tidbits
Fruited Gelatin

Hamburger w/ Trimmings
Chicken Nuggets
Seasoned Potato Wedges
Creamy Coleslaw
California Veggies
Fresh Bananas
Rosy Applesauce
Brownies

Hamburger w/ Trimmings
Chicken Nuggets
Seasoned Potato Wedges
Creamy Coleslaw
California Veggies
Fresh Bananas
Rosy Applesauce
Cookies