

FEBRUARY 2019

Forest Elementary & Hawkins Middle School Lunch Menu

VARIETY OF MILK, CHEF SALADS & CONDIMENTS ARE OFFERED DAILY

Monday

Tuesday

Wednesday

Thursday

Friday



4
Chicken Tetrizzini
BBQ Pork Sandwich
Seasoned Lima Beans
Pinto Beans
Garden Salad
W/Dressing
Fresh Apples
Mandarin Fruit Cup, Rolls

5
Fish Nuggets
Turkey & Cheese on Bun
Southern Green Beans
Macaroni and Cheese
Garden Salad
W/Dressing
Fresh Bananas
Pineapple Tidbits, Rolls

6
Sliced Turkey with Gravy
Ham and Cheese on Bun
Steamed Broccoli Florets
Mashed Potatoes
Tossed Salad w/ Dressing
Fresh Pears
Hot Cinnamon Apples, Rolls

7
Hamburger w/ Trimmings
Hot Dog
Cross Cut Sweet Potatoes
Garden Salad
W/Dressing
California Veggies
Fresh Oranges
Rosy Applesauce

1
Pepperoni Pizza
Beef & Bean Burrito
Whole Kernel Corn
Garden Salad
W/Dressing
Baked Beans
Rosy Applesauce
Fresh Fruit Bowl

8
Beefy Nachos Grande
Beef & Bean Burrito
Whole Kernel Corn
Green Peas
Baked Beans
Fresh Fruit Bowl
Tropical Fruit

11
BBQ Pulled Pork Burger
Chicken Fajitas
Baked Ranch Fries
Broccoli Salad
Garden Salad
W/Dressing
Fresh Oranges
Chilled Diced Pears

12
Spaghetti & Meat Sauce
Grilled Chicken Sandwich
Black-Eyed Peas
Potato Salad
Tossed Salad w/ Dressing
Mandarin Fruit Cup
Fresh Apples
Rolls

13
Barbecue Chicken
Fish Melt
Southern Collard Greens
Macaroni and Cheese
Fresh Pears
Pineapple Tidbits
Cornbread

14
Chicken with Alfredo Sauce
Corn Dog
Green Peas
Glazed Carrots
Chilled Peach Slices
Fresh Bananas
Garlic Bread

15
Pepperoni Pizza
Beef & Bean Burrito
Whole Kernel Corn
Garden Salad
W/Dressing
Baked Beans
Rosy Applesauce
Fresh Fruit Bowl



18
Salisbury Steak W/Gravy
Hot Dog
Southern Turnip Greens
Mashed Potatoes
Garden Salad
W/Dressing
Fresh Oranges
Pineapple Tidbits, Cornbread

19
Steak Fingers
Turkey & Cheese on Bun
Black-Eyed Peas
Scalloped Potatoes
Garden Salad
W/Dressing
Mandarin Fruit Cup
Fresh Apples, Rolls

20
Chicken Spaghetti
Ham and Cheese on Bun
Seasoned Lima Beans
Yam Patties
Steamed Broccoli Florets
Fresh Apples
Chilled Peaches
Rolls

21
Fish Sandwich
Chicken Patty Sandwich
Whole Kernel Corn
Baked Beans
Garden Salad
W/Dressing
Chilled Diced Pears
Fruited Gelatin, Chocolate Pudding

22
Hamburger w/ Trimmings
Chicken Nuggets
Seasoned Potato Wedges
Creamy Coleslaw
California Veggies
Fresh Bananas
Rosy Applesauce
Chocolate Chip Cookies

25
Steak Fingers
Grilled Chicken Sandwich
Black-Eyed Peas
Mashed Potatoes
Tossed Salad w/ Dressing
Fresh Apples
Mandarin Fruit Cup
Chocolate Pudding

26
Barbecue Chicken
Ham and Cheese on Bun
Southern Collard Greens
Macaroni and Cheese
Tossed Salad w/ Dressing
Fresh Pears
Hot Cinnamon Apples
Cornbread

27
Chicken with Alfredo Sauce
Fish Nuggets
Southern Green Beans
Raw Veggies with Dip
Glazed Carrots
Rolls, Fruit Gelatin
Fresh Oranges

28
Chicken Patty Sandwich
Corn Dog
Seasoned Potato Wedges
Garden Salad
W/Dressing
California Veggies
Fresh Bananas
Rosy Applesauce

