

NOVEMBER 2018

FOREST ELEMENTARY & HAWKINS MIDDLE SCHOOL MENU

VARIETY OF MILK, CHEF SALADS & CONDIMENTS ARE OFFERED DAILY

Monday

Tuesday

Wednesday

Thursday

Friday



5
Steak Fingers
Grilled Chicken Sandwich
Black-Eyed Peas
Mashed Potatoes
Tossed Salad w/ Dressing
Fresh Pears
Hot Cinnamon Apples
Chocolate Pudding

6
Barbecue Chicken
Ham and Cheese on Bun
Southern Collard Greens
Macaroni and Cheese
Tossed Salad w/ Dressing
Fresh Pears
Hot Cinnamon Apples

7
Chicken with Alfredo Sauce
Fish Nuggets
Southern Green Beans
Raw Veggies with Dip
Glazed Carrots, Rolls
Fruited Gelatin
Fresh Orange

8
Chicken Patty Sandwich
Corn Dog
Seasoned Potato Wedges
Garden Salad
W/Dressing
California Veggies
Fresh Plums
Rosy Applesauce

9
Pepperoni Pizza Wedge
Beef & Bean Burrito
Whole Kernel Corn
Garden Salad
Baked Beans
Fresh Plums
Pineapple Tidbits
Chocolate Chip Cookies

12
Salisbury Steak W/Gravy
Chicken Spaghetti
Steamed Broccoli Florets
Glazed Carrots
Chilled Peach Slices
Fresh Bananas
Rolls, Enriched Flour MS1352

13
Fish Nuggets
Chicken Patty Sandwich
Mashed Potatoes w/Cheese
Southern Green Beans
Pineapple Tidbits
Fresh Oranges
Yeast Rolls

14
BBQ Pull Pork Sandwich
Hot Dog
Whole Kernel
Seasoned Lima Beans
Fresh Bananas
Chilled Peaches

15
Thanksgiving Lunch!!!!

16
Hamburger w/ Trimmings
Chicken Nuggets
Seasoned Potato Wedges
Creamy Coleslaw
California Veggies
Fresh Bananas
Rosy Applesauce

19

20

21



23

26
Salisbury Steak W/Gravy
Hot Dog
Southern Turnip Greens
Steamed Brown Rice
Garden Salad
Cornbread
Fresh Oranges
Pineapple Tidbits

27
Cheesy Breadsticks/Chili
Grilled Chicken Sandwich
Black-Eyed Peas
Potato Salad
Tossed Salad
W/Dressing
Mandarin Fruit Cup
Fresh Apples

28
Chicken Spaghetti
Ham & Turkey Bun
Seasoned Lima Beans
Yam Patties
Green Peas
Fresh Apples
Chilled Peaches
Rolls

29
Nacho Bites
Spicy Chicken Sandwich
Whole Kernel Corn
Baked Beans
Garden Salad
W/Dressing
Chilled Diced Pears
Fruited Gelatin

30
Hamburger w/ Trimmings
Chicken Nuggets
Seasoned Potato Wedges
Creamy Coleslaw
California Veggies
Fresh Bananas
Rosy Applesauce
Brownies