

AUGUST 2018

WELCOME BACK!!!!!!!

Forest Elementary & Hawkins Middle School

VARIETY OF MILK, CHEF SALADS & COMDIMENTS ARE OFFERED DAILY

Monday

Tuesday

Wednesday

Thursday

Friday



6

7
Buffalo Wings
Hot dogs
Mashed Potatoes
Steamed Broccoli
Pinto Beans
Yeast Rolls
Fresh Apple
Chilled Peach Slices

7

1

2

3

13

13
Chicken Spaghetti
BBQ Pulled Pork Sandwich
Seasoned Lima Beans
Glazed Carrots
Garden Salad
Fresh Pears
Frozen Strawberry Cups
Yeast Rolls

14
Red Bean & Rice w/Sausage
Grilled Chicken Sandwich
Green Peas
Raw Veggies w/Dip
Pinto
Cornbread
Fresh Oranges
Applesauce

14

15

15
Chicken Nuggets
Deli Turkey & Cheese Sandwich
Steamed Broccoli
Mashed Potatoes
Tossed Salad
Apple Slices
Strawberry Fruited Gelatin
Yeast Rolls & Chocolate Pudding

16
Chicken Patty Sandwich
Hot Dog
Tater Tots
Garden Salad
California Veggies
Fresh Plums
Mandarin Oranges

16

17

17
Variety of Pizza
Beef Burrito
Whole Kernel Corn
Creamy Coleslaw
Baked Beans
Fresh Fruit Bowl
Pineapple Tidbits

20

20
BBQ Pulled Pork on Bun
Chicken Fajitas
French Fries
Broccoli Salad
Green Beans
Fresh Oranges
Chilled Diced Pears
Banana Pudding

21
Spaghetti w/Meat Sauce
Grilled Chicken Sandwich
Black-Eyed Peas
Potato Salad
Tossed Salad
Mandarin Fruit Cup
Fresh Apple
Yeast Rolls

21

22

22
Steak Fingers
Fish Sandwich
Southern Turnips
Macaroni & Cheese
Garden Salad
Fresh Pears
Pineapple Tidbits
Cornbread

23
Chicken Alfredo Pasta
Corn Dog
Green Pears
Glazed Carrots
Chilled Peaches
Fresh Bananas
Yeast Rolls
Cake w/Frosting

23

24

24
Variety of Pizza
Beef Burrito
Whole Kernel Corn
Garden Salad
Baked Beans
Apple Slices
Rosy Applesauce

27

27
Salisbury Steak
Hot Dog
Pinto Beans
Mashed Potatoes w/Gravy
Garden Salad
Fresh Watermelon
Pineapple Tidbits
Cornbread

28
Steak Fingers
Grilled Chicken Sandwich
Black-Eyed Peas
Scalloped Potatoes
Raw Veggies w/Dip
Yeast Rolls
Mandarin Fruit Cup
Fresh Apples

28

29

29
Chicken Spaghetti
Ham & Cheese Sandwiches
Seasoned Lima Beans
Yam Patties
Steamed Broccoli
Fresh Plums
Chilled Peaches
Yeast Rolls

30
Fish Sandwich
Chicken Patty Sandwich
Whole Kernel Corn
Baked Beans
Garden Salad
Chilled Diced Pears
Fruited Gelatin
Chocolate Pudding

30

31

31
Cheeseburger
Chicken Nuggets
French Fries
Creamy Coleslaw
California Veggies
Fresh Fruit Bowl
Frozen Strawberry Cups

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